



Preventive Cardiology Experts Course

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Chair: Peter P. Toth, MD, PhD, FASPC

Wednesday, July 19, 2023		
TIME	TOPIC	PRESENTER
8:30 – 8:35 AM	Welcoming Remarks	Peter P. Toth, MD, PhD, FASPC
8:35 – 9:05 AM	Moving your Way to a Healthier Heart: Physical Activity, Fitness and Reduction of Sitting Time on CVD Risk	Erin Michos, MD, MHS, FASPC
9:05 – 9:35 AM	Obesity and the Facilitation of Weight Loss	Jaime Almandoz, MD
9:35 – 10:05 AM	Novel Cardiovascular Metabolic Concepts and Investigational Metabolic Treatments	Harold Bays, MD, FASPC
10:05 – 10:35 AM	Intelligent Drug Choices in the Management of Non-insulin-dependent Diabetes Mellitus	Harold Bays, MD, FASPC
10:35 – 10:50 AM	<i>Break</i>	
10:50 – 11:20 AM	Evaluating Chest Pain and Myocardial Ischemia in Women	Martha Gulati, MD, FASPC
11:20 – 11:50 AM	Management Issues in Peripheral Venous Disease	Alison Bailey, MD
11:50 – 12:15 AM	<i>Q & A</i>	
12:15 – 1:00 PM	<i>Lunch</i>	
1:00 – 1:30 PM	Integrating Advanced Lipid Testing and CV Biomarkers in Assessment and Treatment	Pam Taub, MD, FASPC
1:30 – 2:00 PM	Aggressive Lipid Lowering: Its Impact on the Brain and Risk for Hemorrhagic Stroke	Peter Toth, MD, PhD, FASPC
2:00 – 2:30 PM	Role of Inflammation in Atherogenesis	Alison Bailey, MD, FASPC
2:30 – 3:00 PM	Hypertriglyceridemia: Is it a CV Risk Factor and How Can it Be Treated?	TBD
3:00 – 3:15 PM	<i>Break</i>	
3:15 – 3:45 PM	Atrial Fibrillation: Management and Anticoagulation	TBD
3:45 – 4:15 PM	State of the Art Management of Heart Failure	Keith Ferdinand, MD, FASPC
4:15 – 4:45 PM	State of the Art Management of Hypertension	TBD
4:45 – 5:15 PM	Familial Hypercholesterolemia and the use of PCSK9 Monoclonal Antibodies	Peter Toth, MD, PhD, FASPC
5:15 – 5:30 PM	<i>Q & A</i>	



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Thursday, July 20, 2023		
TIME	TOPIC	PRESENTER
8:30 – 8:35 AM	Welcoming Remarks & Pre-Test	Peter P. Toth, MD, PhD, FASPC
8:35 – 9:05 AM	Issues in CVD Prevention in Minority Populations	Keith Ferdinand, MD, FASPC
9:05 – 9:35 AM	Diagnosis and Management of Chronic Kidney Disease	TBD
9:35 – 10:05 AM	Obstructive sleep Apnea: It is Time for Us to Wake Up and Make the Diagnosis	Virend Somers, MD
10:05 – 10:35 AM	Integrating Imaging and Stress Testing in Assessment and Treatment	Amit Khera, MD, MSc, FASPC
10:35 – 10:50 AM	<i>Break</i>	
10:50 – 11:20 AM	ASCVD Risk Assessment: Global Risk Scoring and Evaluating for Subclinical Atherosclerosis	Nathan Wong, PhD, MPH, FASPC
11:20 – 11:50 AM	Polygenic Scoring for ASCVD Prediction and Prevention; Is it ready for Prime Time?	TBD
11:50 – 12:15 PM	<i>Q & A</i>	
12:15 – 1:00 PM	<i>Lunch</i>	
1:00 – 1:30 PM	Antiplatelet Agents in Primary and Secondary Prevention: When Are They Indicated?	William Boden, MD
1:30 – 2:00 PM	Coronary Stenting: Is it Really Preventive?	William Boden, MD
2:00 – 2:30 PM	Peripheral Arterial Disease: Diagnosis and Treatment	TBD
2:30 – 3:00 PM	What Exactly is a Cardiac Diet and How Should it be Structured?	Stephen Kopecky, MD, FASPC
3:00 – 3:15 PM	<i>Break</i>	
3:15 – 3:45 PM	Coronary CT Angiography	Matt Budoff, MD, FASPC
3:45 – 4:15 PM	Testosterone Supplementation and Risk of Cardiovascular Events - What Do You Tell a Man?	Stephen Kopecky, MD, FASPC
4:15 – 4:45 PM	Coronary Calcium Scoring	Heather Johnson, MD, FASPC
4:45 – 5:00 PM	<i>Q & A</i>	
5:00 – 5:15 PM	Closing Remarks, and Certificates	Peter P. Toth, MD, PhD, FASPC