



## ASPC 2023 Congress on CVD Prevention

### SCIENTIFIC SESSIONS AGENDA

*Dates and times subject to change*

#### Friday, July 21, 2023

Session	Name of Session	Speaker / Moderator
<b>Session 1</b>	<b>Opening Session &amp; Awards</b>	<b>Michael Shapiro, DO, FASPC Martha Gulati, MD, FASPC</b>
10:00 – 10:25 AM	Welcome Remarks & President's Address	
10:25 – 10:30 AM	Introduction of Award Lectures	
10:30 – 10:40 AM	Honorary Fellow Award Lecture	Emelia Benjamin, MD, ScM
10:40 – 10:50 AM	Pioneer in Prevention Award Lecture	Larry Sperling, MD, FASPC
10:50 – 11:00 AM	Nanette Wenger Award Lecture	Janet Wright, MD
11:00 – 11:10 AM	Joseph Stokes III, MD Award & Lecture	William C. Roberts, MD
11:10 – 11:35 AM	American Journal of Preventive Cardiology Top 10	Erin Michos, MD, MHS, FASPC Nathan Wong, PhD, FASPC
<b>11:35 AM – 12:00 PM</b>	<b>Networking Break</b>	
<b>12:00 – 1:00 PM</b>	<b>Expert Theatre Lunch Presentations</b>	
<b>Session 2</b>	<b>Use it or Lose it! The Importance of Physical Activity in CVD Prevention</b>	
1:00 – 1:05 PM	Introduction	
1:05 – 1:20 PM	How to Prescribe Exercise	Chip Lavie, MD
1:20 – 1:35 PM	Supervised Exercise Training in PAD	Ambarish Pandey, MD
1:35 – 1:50 PM	Motivational Interviewing for Physical Activity Promotion	Jody Hereford, MS, BSN, RN
1:50 – 2:05 PM	Cardiac Rehab in the COVID-19 Era	Alison Bailey, MD, FASPC
2:05 – 2:20 PM	Steps vs. Moderate to Vigorous Physical Activity: Which is Better?	Charles German, MD
2:20 – 2:45 PM	Q & A	
<b>2:45 – 3:00 PM</b>	<b>Networking Break</b>	



<b>Session 3</b>	<b>Lipoprotein(a): The New(ish) Kid on the Block</b>	
3:00 – 3:05 PM	Introduction	
3:05 – 3:20 PM	Lipoprotein(a) – The Fundamentals	Heather Johnson, MD, FASPC
3:20 – 3:35 PM	Understanding Lipoprotein(a) Measurement	Harpreet Bhatia, MD, MAS
3:35 – 3:50 PM	When to Measure and What to Do About Elevated Levels	Sadiya Khan, MD
3:50 – 4:05 PM	Lipoprotein(a) Therapeutics in Development	Ron Blankstein, MD, FASPC
4:05 – 4:25 PM	Q & A	
<b>Session 4</b>	<b>What is Preventive Cardiology?</b>	<b>Eugene Yang Michael Shapiro, DO, FASPC</b>
4:25 – 4:30 PM	Introduction	
4:30 – 4:45 PM	The European / EAPC Perspective	TBD
4:45 – 5:00 PM	The U.S. / ASPC Perspective	David Maron, MD, FASPC
5:00 – 5:15 PM	The Canadian Perspective	GB John Mancini, MD
5:15 – 5:30 pm	Q & A	
<b>5:30 – 6:00 pm</b>	<b>Networking Break</b>	
<b>6:00 – 7:00 pm</b>	<b>Welcome Reception</b>	

## Saturday, July 22, 2023

Session	Name of Session	Speaker / Moderator
<b>Session 5</b>	<b>Debating Contemporary Challenges in Preventive Cardiology</b>	
9:00 – 9:05 AM	Introduction	
9:05 – 9:35 AM	Should We Use CAC Testing in Familial Hypercholesterolemia?	Raul Santos, MD, MSc, PhD vs. Donald Lloyd-Jones, MD
9:35 – 10:05 AM	Should I Order a Polygenic Risk Score or CAC Scan for Better Risk Assessment?	Pradeep Natarajan, MD, MMSc vs. Michael Blaha, MD, MPH, FASPC
10:05 – 10:35 AM	Do Omega-3 Fatty Acids Still Have a Role in Preventing CV Events?	Matthew Budoff, MD, FASPC Vs. Eugenia Gianos, MD



10:35 – 11:00 AM	Q & A	
<b>Session 6</b>	<b>Early Career Presentations</b>	<b>Amit Khera, MD, MSc, FASPC</b>
11:00 – 11:05 AM	Introduction	
11:05 – 11:50 AM	Early Career Abstract Presentations	TBD TBD TBD
11:55 AM – 12:00 PM	ASPC Annual Business Meeting	Michael Shapiro, DO, FASPC
11:50 – 11:55 AM	ASPC 2023 Class of Fellows Recognition	Martha Gulati, MD, FASPC
<b>12:00 – 1:00 PM</b>	<b>Expert Theater Lunch Presentations</b>	
<b>Session 7</b>	<b>The Most Prevalent CV Risk Factor of All – Contemporary and Future Approaches to Hypertension</b>	
1:00 – 1:05 PM	Introduction	
1:05 – 1:20 PM	Can We Find Some Common Ground – Comparison of National and International Hypertension Guidelines	Karol Watson, MD, PhD
1:20 – 1:35 PM	Where to Measure: Office, Home, or ABPM?	George Bakris, MD
1:35 – 1:50 PM	Should I Be Worried About Isolated Diastolic Hypertension?	Bill McEvoy, MB BCh BAO, MEd, MHS, PhD, FRCPI
1:50 – 2:05 PM	State-of-the-Art Renal Denervation	Keith Ferdinand, MD, FASPC
2:05 – 2:20 PM	What Does the Future Hold – Anti-Hypertensives in the Pipeline	Wanpen Vongpatanasin, MD
2:20 – 2:35 PM	Q & A	
<b>2:35 – 2:50 PM</b>	<b>Networking Break</b>	
<b>Session 8</b>	<b>Novel Approaches to Opportunistic Screening</b>	
2:50 – 2:55 PM	Introduction	
2:55 – 3:10 PM	Artificial Intelligence for Quantification of CAC on Routine Chest CT	Fatima Rodriguez, MD
3:10 – 3:25 PM	Breast Arterial Calcification	Tammy Polonsky, MD
3:25 – 3:40 PM	Using the EHR to Leverage Prevention Strategies	Khurram Nasir, MD, MPH, FASPC
3:40 – 3:55 PM	Screening for FH in Blood Donors	Amit Khera, MD, MSc, FASPC
3:55 – 4:10 PM	Q & A	



Session 9	Case Presentations with Expert Faculty Panel	
4:10 – 4:15 PM	Introduction	
4:15 – 4:25 PM	Case 1 – Cardio OB – Severe Hypertriglyceridemia in pregnancy: Management Strategies	Anum Saeed, MD Vijay Nambi, MD, PhD, FASPC Christie Ballantyne, MD Martha Gulati, MD, FASPC
4:25 – 4:45 PM	Discussion	
4:45 – 4:55 PM	Case 2 – Premature ASCVD due to elevated Lp(a): How to Manage Risk	
4:55 – 5:15 PM	Discussion	
5:15 – 5:25 PM	Case 3 – Inflammation and CVD Risk: Do I need to take Colchicine?	
5:25 – 5:45 PM	Discussion	
5:45 – 5:50 PM	Presentation of Early Career Abstract Winner	

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## Sunday, July 23, 2023

Session	Name of Session	Speaker / Moderator
<b>Session 10</b>	<b>Evaluation and Management of Obesity in Preventive Cardiology</b>	
9:00 – 9:05 AM	Introduction	
9:05 – 9:20 AM	Understanding Obesity as a Chronic Condition	Donna H. Ryan, MD
9:20 – 9:35 AM	Adiposity Related Diseases	Jamy Ard, MD
9:35 – 9:50 AM	Strategies for Medical Management of Obesity	Beverly Tchang, MD
9:50 – 10:05 AM	Bariatric Surgery to Manage Cardiometabolic Diseases and CV Risk	Jaime Almandoz, MD
10:05 – 10:25 AM	Q & A	
<b>10:25 – 10:50 AM</b>	<b>Networking Break</b>	
<b>Session 11</b>	<b>High Risk Conditions</b>	
10:50 – 10:55 AM	Introduction	
10:55 – 11:10 AM	Chronic Inflammatory Diseases – Risk Marker or Risk Factor?	Michael Garshick, MD
11:10 – 11:25 AM	CKD in CVD	Pam Taub, MD, FASPC
11:25 – 11:40 AM	From NAFLD to MAFLD – Not Just a Change in Name	Anurag Mehta, MD
11:40 – 11:55 AM	High-risk Ethnicity: Focus on South Asians	Anand Rohatgi, MD
11:55 AM – 12:10 PM	Conditions Specific to Women	Martha Gulati, MD, FASPC
12:10 – 12:25 PM	Metabolic Syndrome	Ambarish Pandey, MD
12:25 – 12:35 PM	Q & A	
12:35 – 12:40 PM	Closing Remarks	Martha Gulati, MD, FASPC