



ASPC 2022 Congress on CVD Prevention *The ABCs of Prevention*

SCIENTIFIC SESSIONS AGENDA

Dates and times subject to change

Friday, July 29, 2022

Session	Name of Session	Speaker / Moderator
Session 1	Opening Session & Honorary Fellowship Award	Martha Gulati, MD, FASPC Amit Khera, MD, FASPC
5:00 – 5:10 PM	Welcome Remarks	
5:10 – 5:15PM	Audience Response	
5:15 – 5:45 PM	Strengthening CV Prevention for the Future: Beyond the ABCs	Pamela S. Douglas, MD
5:45 – 5:50 PM	Audience Response	
5:50 – 6:15 PM	Q & A	
6:15 – 7:30 PM	Welcome Reception	

Saturday, July 30, 2022

Session	Name of Session	Speaker / Moderator
Session 2	A & B	Martha Gulati, MD, FASPC Seth Baum, MD, FASPC
8:00-8:05 AM	Welcome and Housekeeping notes	
8:05-8:10 AM	Audience Response	
8:10-8:20 AM	ABCDEs of Preventive Cardiology	Roger Blumenthal, MD, FASPC
8:20-8:40 AM	Debate: Does Aspirin Have a Role in Primary Prevention, Regardless of Dose, Bleeding Risk, or CAC?	Ann Marie Navar, MD, PhD, FASPC vs. Michael Blaha, MD, MPH, FASPC
8:40-8:55 AM	Hypertension, Ethnicity, the Microbiome, and Nutrition: Beyond the 2017 ACC/AHA Guidelines	Kim A. Williams Sr., MD
8:55-9:10 AM	Blood Pressure - Overview, New Approaches, Technology	George Bakris, MD
9:10-9:25 AM	Can We ACHIEVE GREATER Blood Pressure Control? A Novel Model for the Prevention of Cardiovascular Disease	Phil Levy, MD, MPH
9:25-9:35 AM	The Brain-Heart Axis: Not Just an Aging Problem!	Anum Saeed, MD
9:35-9:40 AM	Audience Response	



9:40-9:55 AM	Q & A Panel Discussion	
9:55-10:05 AM	Break	
Session 3	C & D	Alison Bailey, MD, FASPC Vijay Nambi, MD, PhD, FASPC
10:05-10:10AM	Audience Response Questions	
10:10-10:25 AM	Cholesterol Management for Primary CVD Prevention: Emerging Role of Atherosclerosis in Guiding Directions	Khurram Nasir, MD, MPH, FASPC
10:25-10:40 AM	Primordial Prevention – Aging Begins at Conception	Elaine Urbina, MD, MS
10:40-10:55 AM	Tobacco Cessation and Risks/Benefits of Electronic Nicotine Delivery Systems	Pam Morris, MD, FASPC
10:55-11:05 AM	Cost of Prevention – How Much Prevention is Too Much?	Ty Gluckman, MD, FASPC
11:05-11:15 AM	Overcoming Barriers in the Treatment of Diabetes in Clinical Practice	Erin Michos, MD, MHS, FASPC
11:15-11:35 AM	Treating Obesity as a CV Risk Factor: The One That Got Away	Bob Kushner, MD
11:35-11:40 AM	Audience Response	
11:40-12:05 PM	Q & A Panel Discussion	
12:05-12:35 PM	Networking Break & Abstract Author Q&A	
12:35-1:25 PM	Lunch	
Session 4	Nanette Wenger Award & Lecture	Peter Toth, MD, PhD, FASPC Pam Taub, MD, FASPC
1:30-1:35 PM	Introduction & Audience Response Questions	
1:35-2:00 PM	Open Artery Ischemia: An unrecognized opportunity for prevention?	Carl J Pepine, MD, MACC
2:00-2:05 PM	Audience Response Questions	
2:05-2:15 PM	Q & A Panel Discussion	
Session 5	Early Career Presentations	Larry Sperling, MD, FASPC
2:15-2:20 PM	Introductions	
2:20-2:30PM	1st Place EC Research Winner	Vignesh Chidambaram, MD, MPH
2:30-2:55 PM	Early Career Research Rapid Fire Presentations	Josep Iglesias-Grau, MD Jamal Anthony, BMedSci, MBBS Radha Patel, BS, BGS Priyanka Satish, MD Amit Dey, MD



2:55-3:00 PM	Voting for 2nd and 3rd Place Winner	
3:00-3:15 PM	Networking Break	
Session 6	Pioneer in Prevention Award & Lecture	Amit Khera, MD, FASPC
3:15-3:20 PM	Introduction and Audience Response Questions	
3:20-3:45 PM	National Cholesterol Guidelines: 1987-2018	Scott Grundy, MD, PhD
3:45-3:50 PM	Audience Response Questions	
3:50-4:00 PM	Q & A	
4:00-4:05 PM	ASPC Annual Business Meeting	Martha Gulati, MD, FASPC
4:05-4:20 PM	Creating a Prevention Center of Excellence	Amit Khera, MD, MSc, FASPC
4:20-4:35 PM	ASPC Certification Program	Peter Toth, MD, PhD, FASPC
4:35-4:45 PM	ASPC 2020-2022 Class of Fellows Recognition	Martha Gulati, MD, FASPC
4:45-5:15 PM	Abstract Author Q&A	

Sunday, July 31, 2022

Session	Name of Session	Speaker / Moderator
Session 7	E, F & G	Keith Ferdinand, MD, FASPC David Maron, MD, FASPC
8:00-8:05 AM	Welcome & Housekeeping Notes	
8:05-8:10 AM	Audience Response Questions	
8:10-8:25 AM	Extreme Exercise and Cardiovascular Health: Changing Paradigms and Perceptions	Barry Franklin, PhD, FASPC
8:25-8:40 AM	The Role of Stress Management on CVD	Kavitha Chinnaiyan, MD
8:40-8:55 AM	Social Determinants of Health	Karol Watson, MD, PhD
8:55-9:10 AM	The Role of NAFLD in the Development and Management of Dyslipidemia	Mary Rinella, MD
9:10-9:30 AM	The Cardio-Renal-Metabolic Intersection: Diabetes and Chronic Kidney Disease	Katherine Tuttle, MD
9:30-9:35 AM	Audience Response Questions	
9:35-10:00 AM	Q & A Panel Discussion	
10:00-10:15 AM	Networking Break	
Session 8	Joseph Stokes III, MD Award & Lecture	Matt Budoff, MD, FASPC Icilma Fergus, MD, FASPC



10:15-10:20 AM	Audience Response Questions	
10:20-10:25 AM	Stokes Award Introduction	
10:25-10:50 AM	Personalization of Treatment for Hypertension in Practice Guidelines: The Future (or Not)?	Donna Arnett, MSPH, PhD
10:50-10:55 AM	Audience Response Questions	
10:55-11:15 AM	Q & A	
Session 9	H & I	Martha Gulati, MD, FASPC Heather Johnson, MD, FASPC
11:15-11:20 AM	Audience Response Questions	
11:20-11:35 AM	Guidelines on Stages and Prevention of Heart Failure	Biykem Bozkurt, MD, PhD
11:35-11:40 AM	Inflammation Case Study	Thomas Barringer, MD
11:40-11:50 AM	Chronic Inflammation in Humans Drives ASCVD Risk and Cardiometabolic Disease	Nehal Mehta, MS, MD, MSCE
11:50 AM-12:00 PM	Inflammation and Dyslipidemia: What Does the Clinician Need to Know	Michael Shapiro, DO, FASPC
12:00-12:10 PM	Cardiovascular Risks of Climate Change	Martha Gulati, MD, FASPC
12:10-12:15 PM	Audience Response Questions	
12:15-12:40 PM	Q & A Panel Discussion	
12:40-12:45 PM	Closing Remarks	Michael Shapiro, DO, FASPC