

COVID-19 Resources

CARDIOVASCULAR CARE

Telehealth

New information is coming out daily as the federal government responds to the outbreak of COVID-19. The following is the latest in changes to Telehealth requirements.

HHS And Telehealth

The Department of Health and Human Services (HHS) will waive potential HIPAA penalties for good faith use of telehealth during the emergency. Any “non-public facing remote communication product that is available to communicate with patients can be used.” This applies to telehealth provided for any reason and does not need to be related to COVID-19.

HHS has also waived cost-sharing requirements for telehealth during the crisis, which means that providers are not required to charge any copayments.

HHS Resources

[Statement on HIPAA and Telehealth](#)

[Waiving Telehealth Cost-Sharing During COVID-19 Outbreak \(PDF\)](#)

CMS Expands Medicare Coverage for Telehealth Visits

The Centers for Medicaid and Medicare Services (CMS) announced that it will reimburse at the same rate as in-person visits for all telehealth provided starting March 6, 2020

CMS Resources:

[Fact Sheet on telehealth](#)

[FAQs on Telehealth Waiver \(PDF\)](#)

[General Provider Telehealth and Telemedicine Tool Kit](#)

[Suspension of UM Requirements](#)

The American College of Cardiology (ACC) has provided a article on [Telehealth](#)

Anticoagulation

The AC Forum has two new webinars that offer guidance on managing anticoagulation during the COVID-19 outbreak.

- Management of Warfarin Patients Who Have Difficulty Getting INR Testing During COVID-19 Pandemic
- Managing Anticoagulation during the COVID-19 Pandemic

[Watch the webinars or download the slides](#)

Heart Failure and Hypertension

The ACC, AHA and Heart Failure Society jointly [issued advice on the treatment of people with hypertension and heart failure.](#)

Hyperlipidemia

The FH Foundation has a recorded Virtual Community Gathering that covers COVID-19 and familial hypercholesterolemia. [Watch the webinar](#)

Diabetes

The American Diabetes Association has a comprehensive resource page that outlines [what is known about the connection between diabetes and COVID-19.](#)

diaTribe has put together some [resources on COVID-19](#) for People with Diabetes

Atrial Fibrillation

StopAfib.org has put together a [resources page for Those with Afib.](#)

MENTAL HEALTH and COVID-19

Self-Care Tips for YOU

The American Psychiatric Nurses Association published an [article that provided tips for managing stress and self-care](#) during COVID-19.

Stress and Coping

The CDC has provided information for both the public and health providers, it includes [helpful tips for reducing secondary traumatic stress reactions.](#)

Disaster Distress Helpline

This helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters. 1-800-985-5990 or text “talk with us” to 66746.

HOW TO KEEP ACTIVE

Handout for You and Your Patients

The American College of Sports Medicine has created a patient handout to help people think about how to stay active during the COVID-19 pandemic. Given that physical activity can improve immune function and decrease anxiety, this is a particularly important tool. [Learn more and get the handout.](#)