

Congress Accreditation

Statement of Need

Important advances in the diagnosis and treatment of cardiovascular disease continue to emerge, and these advances must be consistently implemented into clinical practice to provide the best care for patients. This Congress is designed to educate clinicians on state-of-the-art care for cardiovascular disease. Expert faculty will cover a wide range of topics on the diagnosis, treatment and prevention of cardiovascular disease, and participants will return to their practice equipped with the latest evidence and practical information to improve patient outcomes.

Target Audience

All healthcare professionals involved in the diagnosis, treatment, prevention and intervention of atherosclerotic cardiovascular disease, including physicians, pharmacists, nurse practitioners, nurses, physician assistants, dietitians, fellows and trainees.

Learning Objectives

Upon completion of the educational activity, participants should be able to:

Session 1: Opening Session

- Understand the results of REDUCE-IT and how the results impact clinical practice related to ASCVD risk reduction.
- Understand cardiac aging and identify practical strategies which will reduce heart stress and cardiovascular disease.

Session 2: Diabetes Mellitus

- Explore the association guidelines and identify management strategies to personalize care for different patient populations.
- Identify the mechanism of SGLT2 inhibitors in patients with diabetes and HF.
- Evaluate possible strategies and future implications for non-diabetic patients.
- Evaluate the current surrogate markers for diabetes management; discuss the importance of hemoglobin A1C as an important goal for future diabetes management and studies that have determined its importance.

Session 3: Lipids

- Review the ACC/AHA blood cholesterol guidelines and identify the top 10 take-home messages to reduce risk of cardiovascular disease through cholesterol management.
- Identify data that shows the results of lower LDL-C levels and brain function, and understand the implications in clinical practice.

Session 5: Fellowship Lecture

- Understand the most recent advances in imaging, genetics, and behavior and how the results impact clinical practice related to ASCVD risk reduction.

Session 6: Potpourri I

- Review the clinical data and possible strategies and future implications for CVD prevention in patients who have cancer.
- Understand what CAC testing means and the how to apply it in clinical practice related to ASCVD risk reduction.
- Review the most recent clinical data related to the gut microbiomes impact on cardiometabolic diseases and discuss its occurrence in a clinical setting.

Session 7: Prevention Guidelines

- Understand the updated ACC/AHA prevention guidelines related to ASCVD prevention and how an approach can be implemented into an everyday clinical setting.

Session 8: Potpourri II

- Review the clinical data identifying the CVD risk difference between men and women and identify potential management strategies to apply in a clinical setting.
- Review eHealth clinical data and understand which apps may be beneficial in cardiovascular prevention management strategies to apply in a clinical setting.
- Review the clinical data of e-cigarettes and identify the CVD risk associated with vaping.

Session 9: Preventive Practice & Cases

- Review the goals of cardiac rehabilitation programs and understand the clinical benefits for patients; additionally, understand how to implement in an everyday clinical setting.
- Review the most recent clinical data related to exercise and cardiovascular health and understand management strategies to apply in a clinical setting.



CME/CE Credit
provided by PESI Inc.

Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of PESI Inc. and The American Society for Preventive Cardiology. PESI Inc. is accredited by the ACCME to provide continuing medical education for physicians.

PESI Inc. designates this live activity for a maximum of 14 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **14 MOC points of Medical Knowledge (MOC) points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.**

International CME

International Physicians are formally eligible for *AMA PRA Category 1 Credit*[™].

Physician Assistants

AAPA accepts Category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit*[™] for the PRA from organizations accredited by ACCME.

Nurses

For the purpose of recertification, the American Nurses Credentialing Center

accepts *AMA PRA Category 1 Credit*[™] issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education) for attendance at structured learning activities.

CA Nurses

Aspen CME Services is approved by the California Board of Registered

Nursing, Provider number CEP14739, for **14 contact hours.**

Pharmacists

For the purpose of recertification, the American Council of Pharmacy Education accepts *AMA PRA Category 1 Credit*[™] issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education) for attendance at structured learning activities.

Registered Dietitians

The Commission on Dietetic Registration accepts *AMA PRA Category 1 Credit*[™] issued by organizations accredited by the ACCME.

Criteria for Success

Statements of credit will be awarded based on the participant's attendance, participation in the pre/post-test and submission of the activity evaluation form. A statement of credit will be emailed upon completion of an evaluation/claimed credit form to be completed and turned in onsite.

You must participate in the entire activity to receive credit. If you have questions about this CME/CE activity, please contact PESI Inc. at renee@aspencmehelp.com.