LEARN THE LATEST ABOUT

REDUCE-IT and Treating Beyond LDL-C Lowering

Mechanisms of Cardiac Aging and Pathways for Rejuvenation

Reducing Heart Failure in Diabetes with SGLT2s

Cardio-Oncology and Opportunities for CVD Prevention

Expanded Use of CAC Testing

ASPC 2019
CONGRESS ON CVD Prevention

July 19-21 • San Antonio, TX
La Cantera Resort and Spa

HONORARY ASPC FELLOWSHIP LECTURE:
The Evolving Science of Health
Valentin Fuster, MD, PhD, FASPC

Jointly Provided By

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REGISTER NOW AT ASPCONLINE.ORG/CONGRESS2019
CONGRESS OVERVIEW

Important advances in prevention and treatment of cardiovascular disease continue to emerge, and these advances must be consistently incorporated into clinical practice to provide the best care for patients.

The American Society for Preventive Cardiology (ASPC) 2019 Congress is designed to educate clinicians on state-of-the-art care for preventing and managing cardiovascular disease. Expert faculty will cover a wide range of topics on the diagnosis, treatment, and prevention of cardiovascular disease and its risk factors. With a strong emphasis on clinical utility, attendees will be equipped with the latest evidence and practical information to improve patient outcomes. The ASPC 2019 Congress on CVD Prevention is highly interactive with clear-eyed discussion and debate. We welcome all clinicians with an interest in cutting-edge preventive cardiology to attend.

ONLINE CONGRESS REGISTRATION*

Registration for the 2019 ASPC Congress on CVD Prevention and the Preventive Cardiology Experts Course will ONLY BE ACCEPTED online at aspconline.org/congress2019.

<table>
<thead>
<tr>
<th></th>
<th>Member</th>
<th>Non-Member</th>
<th>FASPC</th>
<th>Industry</th>
<th>In-Training</th>
<th>Guest</th>
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<tbody>
<tr>
<td>Congress on CVD Prevention</td>
<td>$325</td>
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<td>Preventive Cardiology Experts Course</td>
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Registration Deadline
Registration and payment must be received no later than June 14, 2019. After this date, conference materials cannot be guaranteed.

Cancellation Policy
Telephone cancellations cannot be accepted. A written notice of cancellation must be received by June 14, 2019 to receive a refund. A $75 administrative fee will be deducted from the refund. No refunds will be honored after June 14, 2019.

Americans with Disabilities Act (ADA) Compliance
Attendees who need special reasonable accommodations or who have special needs should contact the meeting organizer at mkincaid@aspconline.org.

VENUE

La Cantera Resort & Spa
16641 La Cantera Parkway • San Antonio, TX 78256

Situated atop one of the highest points in all of San Antonio, La Cantera Resort has it all! This 4-star resort has fabulous dining, over 8 restaurants onsite, an award-winning spa, 4 amazing swimming pools, and a shopping center. Enjoy the serene landscape and get your steps in on the jogging trail. Plan on bringing the family, there are many activities for kids to participate in onsite including: a kids pool and splash pad, a kids club camp, and an arcade. Looking for adventure? Jump on the complimentary shuttle to San Antonio Sea World or Six Flags Fiesta Texas located right outside the gates of La Cantera.

CONGRESS ROOM RATE:
$279 plus tax; $16 daily resort fee.

RESERVATIONS:
Call 210-558-6500 and reference the ASPC 2019 Congress or block code ASPC719A or visit aspconline.org/congress2019 to make your reservation online.
## CONGRESS AGENDA

### Friday, July 19, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>3:30–3:40 PM</td>
<td>Welcoming Remarks</td>
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<tr>
<td>3:40–3:45 PM</td>
<td>Audience Response Questions</td>
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<tr>
<td>3:40–3:50 PM</td>
<td>Keynote Lecture: REDUCE-IT and Treating Beyond LDL-C Lowering</td>
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<tr>
<td>3:50–4:30 PM</td>
<td>Leaders in Medicine Lecture: Mechanisms of Cardiac Aging and the Promise of Pathways for Rejuvenation</td>
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<tr>
<td>5:10–5:40 PM</td>
<td>Nanette Wenger Lecture: Women and Cardiovascular Disease: Is There Really a Sex Difference?</td>
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<tr>
<td>5:40–6:00 PM</td>
<td>Question and Answer Panel Discussion &amp; Audience Response Questions</td>
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<tr>
<td>6:00–7:00 PM</td>
<td>Opening Reception</td>
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### Saturday, July 20, 2019

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:00–8:00 AM</td>
<td>Breakfast / Poster Review</td>
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<tr>
<td>8:00–8:15 AM</td>
<td>Welcome and Audience Response Questions</td>
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<tr>
<td>8:15–8:40 AM</td>
<td>Comparing and Harmonizing AACE/ACE/ADA/ACC Guidance for the use of Diabetes Medications</td>
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<tr>
<td>8:40–9:05 AM</td>
<td>Newer Insights into Why the SGLT2s Reduce Heart Failure in Patients with Diabetes</td>
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<tr>
<td>9:05–9:30 AM</td>
<td>Hemoglobin A1c Redux: Yes, it Matters!</td>
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<tr>
<td>9:30–9:45 AM</td>
<td>Question and Answer Panel Discussion &amp; Audience Response Questions</td>
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<tr>
<td>9:45–10:10 AM</td>
<td>Refreshment Break</td>
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<tr>
<td>10:10–10:20 AM</td>
<td>Audience Response Questions</td>
</tr>
<tr>
<td>10:45–11:10 AM</td>
<td>LDL-C Lowering and the Brain: Differentiating Fact from Fiction</td>
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<tr>
<td>11:10–11:20 AM</td>
<td>Question and Answer Panel Discussion &amp; Audience Response Questions</td>
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<tr>
<td>11:20–11:35 AM</td>
<td>Young Investigator Presentation</td>
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<tr>
<td>11:35–11:50 AM</td>
<td>Young Investigator Presentation</td>
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<tr>
<td>11:50 AM-12:05 PM</td>
<td>Young Investigator Presentation</td>
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<tr>
<td>12:05-1:00 PM</td>
<td>Lunch / Poster Review</td>
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<tr>
<td>1:00-1:30 PM</td>
<td>The Evolving Science of Health: Imaging, Genetics and Behavior</td>
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<tr>
<td>1:30-1:40 PM</td>
<td>Question and Answer Session &amp; Audience Response</td>
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### Saturday, July 20, 2019

#### SESSION 6: Potpourri I

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Moderator(s)</th>
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<tbody>
<tr>
<td>1:40-1:50 PM</td>
<td>Audience Response Questions</td>
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<tr>
<td>1:50-2:15 PM</td>
<td>Cardio-Oncology: Evolving Opportunities for CVD Prevention</td>
<td>Ana Barac, MD, PhD</td>
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<tr>
<td>2:40-3:05 PM</td>
<td>How Does the Gut Microbiome Influence Atherosclerotic Disease?</td>
<td>W. H. Wilson Tang, MD</td>
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<tr>
<td>3:05-3:15 PM</td>
<td>Question and Answer Session &amp; Audience Response Questions</td>
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<tr>
<td>3:15-3:30 PM</td>
<td>Refreshment Break</td>
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#### SESSION 7: Prevention Guidelines & Cases

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<tr>
<th>Time</th>
<th>Event</th>
<th>Moderator(s)</th>
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<tbody>
<tr>
<td>3:30-3:40 PM</td>
<td>Audience Response Questions</td>
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<tr>
<td>3:40-4:05 PM</td>
<td>The 2019 ACC/AHA Prevention Guidelines: Advancing a Comprehensive Approach to ASCVD Prevention</td>
<td>Roger Blumenthal, MD, FASPC</td>
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<tr>
<td>4:05-4:50 PM</td>
<td>Prevention Cases</td>
<td>PANELISTS: Roger Blumenthal, MD, FASPC Pamela Morris, MD, FASPC Laurence Sperling, MD, FASPC</td>
</tr>
<tr>
<td>4:50-5:15 PM</td>
<td>Question and Answer Session &amp; Audience Response Questions</td>
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### Sunday, July 21, 2019

#### SESSION 8: Potpourri II

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:00-8:00 AM</td>
<td>Breakfast</td>
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<tr>
<td>8:00-8:10 AM</td>
<td>Welcome and Audience Response Questions</td>
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<tr>
<td>8:10-8:20 AM</td>
<td>FASPC Recognition and Joseph Stokes III, MD Award</td>
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<tr>
<td>8:20-8:40 AM</td>
<td>Joseph Stokes III, MD Lecture</td>
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<tr>
<td>8:40-9:05 AM</td>
<td>Opportunities for Wearables in Preventive Cardiology</td>
<td>Kapil Parakh, MD, MPH, PhD</td>
</tr>
<tr>
<td>9:05-9:30 AM</td>
<td>Tobacco Cessation and Cardiovascular Hazards of Vaping</td>
<td>Pamela Morris, MD, FASPC</td>
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<tr>
<td>9:30-9:55 AM</td>
<td>Question and Answer Discussion &amp; Audience Response Questions</td>
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#### SESSION 9: Exercise and Preventive Practice

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<tr>
<th>Time</th>
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<th>Moderator(s)</th>
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<tbody>
<tr>
<td>9:55-10:05 AM</td>
<td>Audience Response Questions</td>
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<tr>
<td>10:05-10:30 AM</td>
<td>Rebranding and Rehabilitating Cardiac Rehabilitation in 2019</td>
<td>Pam Taub, MD</td>
</tr>
<tr>
<td>10:30-10:55 AM</td>
<td>Exercise and Cardiovascular Health: How Much and What Kind?</td>
<td>Barry Franklin, PhD</td>
</tr>
<tr>
<td>10:55-11:55 AM</td>
<td>Preventive Cardiology Practice: Making Prevention Pay - Case Examples and Discussion</td>
<td>Michael Shapiro, DO, FASPC Pam Taub, MD Howard Weintraub, MD, FASPC</td>
</tr>
<tr>
<td>11:55 AM-12:00 PM</td>
<td>Question and Answer Discussion &amp; Audience Response Questions</td>
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<tr>
<td>12:00 PM</td>
<td>Closing Remarks &amp; Adjournment</td>
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</table>
CO-CHAIRS

Amit Khera, MD, MSc, FASPC
Congress Co-Chair
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Professor of Medicine
Director, Preventive Cardiology
Dallas Heart Ball Chair in Hypertension and Heart Disease
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Director, Cardiac Computed Tomography
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Director
The John Hopkins Ciccarone Center for the Prevention of Cardiovascular Disease
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Wayne State University School of Medicine
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Director, Mount Sinai Heart
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University of Arizona College of Medicine
Phoenix, AZ

Yehuda Handelsman, MD, FASPC
Medical Director and Principal Investigator
Metabolic Institute of America
Tarzana, CA
The American Society for Preventive Cardiology will be providing an app with onsite updates and educational content for attendees. Please check the www.ASPConline.org website for information about how to download the app in preparation for the Congress. In an effort to “Go Green”, the 2019 Syllabus will only be available through the mobile app. The mobile app is compatible with laptops, tablets and mobile devices.

Let’s Get Social

Be part of the conversation and stay up to date on news and announcements about the 2019 Congress on CVD Prevention. Follow ASPC on Twitter and LinkedIn. Use the hashtag #CVDCongress19 when tweeting about the conference.
PRE-CONFERENCE COURSE
PREVENTIVE CARDIOLOGY EXPERTS COURSE

Thursday, July 18, 2019

8:30-8:40 AM Welcome
8:40-9:00 AM Pre-test via Audience Response System

SESSION 1: Lipids and Lipoproteins

9:00-9:30 AM Advanced Lipid Metabolism
Alan Brown, MD, FASPC
9:30-10:00 AM Hypertriglyceridemia: Is it a CV Risk Factor and How Can it Be Treated?
Seth Baum, MD, FASPC
10:00-10:30 AM Familial Hypercholesterolemia and the Use of PCSK9 Monoclonal Antibodies
Peter Toth, MD, PhD, FASPC
10:30-10:45 AM Refreshment Break
10:45-11:15 AM Integrating Advanced Lipid Testing and CV Biomarkers in Assessment and Treatment
Stephen Kopecky, MD, FASPC
11:15-11:45 AM Role of Inflammation in Atherogenesis
Peter Toth, MD, PhD, FASPC
11:45-11:55 AM Question and Answer Panel Discussion

11:55 AM–12:45 PM Lunch

SESSION 2: Cardiovascular Disease, Hypertension, Sleep Apnea, and Chronic Kidney Disease

12:45–1:15 PM State of the Art Management of Heart Failure
Stephen Gottlieb, MD
1:15–1:45 PM Obstructive Sleep Apnea: It’s Time for Us to Wake Up and Make the Diagnosis
Virend Somers, MD, PhD
1:45–2:15 PM Issues in CVD Prevention in Minority Populations
Keith Ferdinand, MD
2:15–2:30 PM Refreshment Break
2:30–3:00 PM State of the Art Management of Hypertension
Daniel Duprez, MD, PhD, FASPC
3:00–3:30 PM Testosterone Supplementation and Risk of Cardiovascular Events: What Do You Tell a Man?
Stephen Kopecky, MD, FASPC
3:30–4:00 PM Diagnosis and Management of Chronic Kidney Disease
Daniel Duprez, MD, PhD, FASPC
4:00–4:10 PM Refreshment Break
4:10–4:40 PM Atrial Fibrillation: Management and Anticoagulation
Stephen Kopecky, MD, FASPC
4:40–5:00 PM Question and Answer Panel Discussion

Friday, July 19, 2019

7:15–8:00 AM Breakfast
8:00–8:05 AM Welcome and Overview

SESSION 3: Coronary Disease

8:05–8:35 AM Integrating Imaging and Stress Testing in Assessment and Treatment
Amit Khera, MD, MSc, FASPC
8:35–9:05 AM Coronary Stenting: Is it Really Preventive?
William Boden, MD
9:05–9:35 AM Evaluating Chest Pain and Myocardial Ischemia in Women
Martha Gulati, MD, MS, FASPC
9:35–10:05 AM ASCVD Risk Assessment: Global Risk Scoring and Evaluating for Subclinical Atherosclerosis
Nathan Wong, PhD, MPH, FASPC
10:05–10:25 AM Question and Answer Panel Discussion
10:25–10:40 AM Refreshment Break

SESSION 4: Diabetes, Obesity, and Issues in Metabolism

10:40–11:10 AM Intelligent Drug Choices in the Management of Non-insulin-dependent Diabetes Mellitus
Peter Wilson, MD
11:10–11:40 AM Obesity and the Facilitation of Weight Loss
Jaime Almandoz, MD
11:40 AM–12:10 PM Novel Cardiovascular Metabolic Concepts and Investigational Metabolic Treatments
Harold Bays, MD
12:10–12:25 PM Question and Answer Panel Discussion
12:25–1:15 PM Lunch

SESSION 5: Genetic Screening and Antiplatelet Agents

1:15–1:45 PM Polygenic Scoring for ASCVD Prediction and Prevention: Is it Ready for Prime Time?
Amit V. Khera, MD
1:45–2:15 PM Antiplatelet Agents in Primary and Secondary Prevention: When are They Indicated?
Peter Toth, MD, PhD, FASPC
2:15–2:25 PM Question and Answer Panel Discussion
2:25–3:00 PM Post-test via Audience Response System and Closing Remarks
CO-CHAIRS

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Cardiologist, Corrigan Minehan Heart Center, MGH  
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Director of Research of the Rasmussen Center for Cardiovascular Disease Prevention  
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Cardiovascular Division  
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Atlanta, GA

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Professor and Director  
Heart Disease Prevention Program, Division of Cardiology  
University of California, Irvine  
Adjunct Professor of Epidemiology at UCLA and UC Irvine  
Adjunct Professor, Radiology and Public Health at UC Irvine  
Irvine, CA
SPECIAL EVENTS

Congress Opening Reception
Friday, July 19, 2019 • 6:00–7:00 PM
Join your fellow colleagues and the promotional partners for an opening reception on Friday evening in the Promotional Partners’ Showcase. Visit with more than 20 exhibiting companies, and mingle while enjoying tasty hors d’oeuvres and cocktails. This reception is included in the registration fee. Guests with a guest pass are also welcome to attend.

Abstracts • Poster Hall Q&A
Saturday, July 20, 2019 • 7:30–8:00 AM & 12:30–1:00 PM
PRESENTATION METHOD:
All accepted abstracts will be published in Clinical Cardiology. All accepted abstracts will be displayed as posters in the Poster Hall from Friday evening to Saturday afternoon in the ASPC Partners Showcase Hall. During the designated hours on Saturday, authors will be available for a question and answer session about their abstracts.

Young Investigator Oral Presentations
Saturday, July 20, 2019 • 11:20 AM–12:05 PM
Lead presenters (in-training students, residents, and fellows or members in practice for <5 years) with accepted abstracts who are Young Investigators will have a chance to compete for the ASPC’s Young Investigator Awards. Cash prizes and additional travel grants will be awarded to the top three finalists. The ASPC Abstract Committee will select three Young Investigator abstracts to be presented during the oral abstract session on Saturday, July 20, 2019. For more information, please visit aspconline.org/abstracts.

ABOUT THE ASPC
The American Society for Preventive Cardiology is a national organization of healthcare providers and researchers dedicated to the prevention of cardiovascular disease. The mission of the ASPC is to promote the prevention of cardiovascular disease, advocate for the preservation of cardiovascular health, and disseminate high-quality, evidence-based information through education of clinicians.
Congress Accreditation

Statement of Need
Important advances in the diagnosis and treatment of cardiovascular disease continue to emerge, and these advances must be consistently implemented into clinical practice to provide the best care for patients. This Congress is designed to educate clinicians on state-of-the-art care for cardiovascular disease. Expert faculty will cover a wide range of topics on the diagnosis, treatment and prevention of cardiovascular disease, and participants will return to their practice equipped with the latest evidence and practical information to improve patient outcomes.

Target Audience
All healthcare professionals involved in the diagnosis, treatment, prevention and intervention of atherosclerotic cardiovascular disease, including physicians, pharmacists, nurse practitioners, nurses, physician assistants, dietitians, fellows and trainees.

Learning Objectives
Upon completion of the educational activity, participants should be able to:

- Understand the results of REDUCE-IT and how the results impact clinical practice related to ASCVD risk reduction.
- Understand cardiac aging and identify practical strategies which will reduce heart stress and cardiovascular disease.

Session 2: Diabetes Mellitus
- Explore the association guidelines and identification strategies to personalize care for different patient populations.
- Identify the mechanism of SGLT2 inhibitors in patients with diabetes and HF.
- Evaluate possible strategies and future implications for non-diabetic patients.
- Evaluate the current surrogate markers for diabetes management, discuss the importance of hemoglobin A1C as an important goal for future diabetes management and studies that have determined its importance.

Session 3: Lipids
- Review the ACC/AHA blood cholesterol guidelines and identify the top 10 take-home messages to reduce risk of cardiovascular disease through cholesterol management.
- Identify data that shows the results of lower LDL-C levels and brain function, and understand the implications in clinical practice.

Session 5: Fellowship Lecture
- Understand the most recent advances in imaging, genetics, and behavior and how the results impact clinical practice related to ASCVD risk reduction.

Session 6: Potpourri I
- Review the clinical data and possible strategies and future implications for CVD prevention in patients who have cancer.
- Understand what CAC testing means and how to apply it in clinical practice related to ASCVD risk reduction.
- Review the most recent clinical data related to the gut microbiomes impact on cardiometabolic diseases and discuss its occurrence in a clinical setting.

Session 7: Prevention Guidelines
- Understand the updated ACC/AHA prevention guidelines related to ASCVD prevention and how an approach can be implemented into an everyday clinical setting.

Session 8: Potpourri II
- Review the clinical data identifying the CVD risk difference between men and women and identify potential management strategies to apply in a clinical setting.
- Review eHealth clinical data and understand which apps may be beneficial in cardiovascular prevention management strategies to apply in a clinical setting.
- Review the clinical data of e-cigarettes and identify the CVD risk associated with vaping.

Session 9: Preventive Practice & Cases
- Review the goals of cardiac rehabilitation programs and understand the clinical benefits for patients. Additionally, understand how to implement in an everyday clinical setting.
- Review the most recent clinical data related to exercise and cardiovascular health and understand management strategies to apply in a clinical setting.

Nurses
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education) for attendance at structured learning activities.

CA Nurses
Aspen CME Services is approved by the California Board of Registered Nursing, Provider number CEP14739, for 14 contact hours.

Pharmacists
For the purpose of recertification, the American Council of Pharmacy Education accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education) for attendance at structured learning activities.

Registered Dieticians
The Commission on Dietetic Registration accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Criteria for Success
Statements of credit will be awarded based on the participant’s attendance, participation in the pre/post-test and submission of the activity evaluation form. A statement of credit will be emailed upon completion of an evaluation/claimed credit form to be completed and turned in onsite. You must participate in the entire activity to receive credit. If you have questions about this CME/CE activity, please contact PESI Inc. at renee@aspencmehelp.com.

PESI® Healthcare
CME/CE Credit provided by PESI Inc.

Physicians
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of PESI Inc. and The American Society for Preventive Cardiology. PESI Inc. is accredited by the ACCME to provide continuing medical education for physicians. PESI Inc. designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14 MOC points of Medical Knowledge (MOC) points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program.

International CME
International Physicians are formally eligible for AMA PRA Category 1 Credit™.

Physician Assistants
AAPA accepts Category 1 credit from AQACME. Prescribed credit from AAFP, and AMA PRA Category 1 Credit™ for the PRA from organizations accredited by ACCME.

Nurses
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education) for attendance at structured learning activities.

CA Nurses
Aspen CME Services is approved by the California Board of Registered Nursing, Provider number CEP14739, for 14 contact hours.

Pharmacists
For the purpose of recertification, the American Council of Pharmacy Education accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education) for attendance at structured learning activities.

Registered Dieticians
The Commission on Dietetic Registration accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Criteria for Success
Statements of credit will be awarded based on the participant’s attendance, participation in the pre/post-test and submission of the activity evaluation form. A statement of credit will be emailed upon completion of an evaluation/claimed credit form to be completed and turned in onsite. You must participate in the entire activity to receive credit. If you have questions about this CME/CE activity, please contact PESI Inc. at renee@aspencmehelp.com.
Preventive Cardiology Experts Course Accreditation

**Statement of Need**
The ASPC’s Preventive Cardiology Experts Course provides an in-depth review of the knowledge and skills necessary to successfully implement preventive therapies in cardiology. Primary and secondary prevention strategies including management of cardiovascular risk factors, therapeutic management, and lifestyle changes will be addressed. This course provides an excellent update on core concepts in preventive cardiology, and will serve as a preparatory course for the Annual ASPC Congress on CVD Prevention and other advanced preventive cardiology training.

**Target Audience**
All healthcare professionals involved in the diagnosis, treatment, prevention and intervention of atherosclerotic cardiovascular disease, including physicians, pharmacists, nurse practitioners, nurses, physician assistants, dietitians, fellows and trainees.

**Learning Objectives**
Upon completion of the educational activity, participants should be able to:

**Session 1: Lipid and Lipoproteins**
- Educate clinicians on advanced lipid metabolism and how new therapeutic approaches may impact clinical practice.
- Identify the causes and classification of elevated triglycerides, the clinical manifestations of primary hypertriglyceridemia and the management of patients with elevated triglyceride levels.
- Translate clinical trial data of PCSK9 inhibitors to the individualized and targeted management approach of high-risk hypercholesterolemia patients.
- Evaluate the application and limitations of lipid and non-lipid biomarkers and risk assessment tools for cardiovascular risk detection.
- Understand ASCVD and the risk assessment tools that are available for clinicians to use to estimate their patient’s risk.

**Session 2: Cardiovascular Disease, Sleep Apnea, Hypertension, and Chronic Kidney Disease**
- Analyze and discuss new treatments for heart failure.
- Educate clinicians on the relationship between sleep apnea and cardiovascular disease.
- Educate clinicians on the issues associated with CVD in minorities and discuss strategies for prevention.
- Outline current patient guidelines on the diagnosis, management, and treatment of hypertension.
- Assess the cardiovascular risks of testosterone replacement therapy.
- Describe evidence-based clinical strategies to reduce cardiovascular risk in patients with chronic kidney disease.
- Summarize the role of therapeutic agents for stroke prevention in patients with atrial fibrillation.

**Session 3: Coronary Disease**
- Evaluate the use of imaging and stress testing in the treatment of cardiovascular disease prevention.
- Understand the clinical data with stents and prevention of coronary artery disease.
- Recognize the gender differences in treatment and outcomes in CVD.
- Recognize the pathophysiological role of inflammation in cardiovascular disease.

**Session 4: Diabetes, Obesity, and Issues in Metabolism**
- Summarize the evidence-based recommendations for therapeutic interventions to reduce the risk for cardiovascular complications among patients with Type 2 diabetes.
- Assess the clinical benefits, mechanisms, and safety profiles of new and emerging anti-obesity medications.
- Describe the link between cardiovascular and metabolic disease and discuss potential pharmacological strategies.

**Session 5: Genetic Screening and Antiplatelets**
- Educate clinicians on appropriate use criteria for cardiac imaging based on current clinical evidence.
- Review the evidence for dual antiplatelet versus monotherapy strategies for patients with CAD.

**CME/CE Credit provided by PESI Inc.**

**Physicians**
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of PESI Inc. and The American Society for Preventive Cardiology. PESI Inc. is accredited by the ACCME to provide continuing medical education for physicians.

PESI Inc. designates this live activity for a maximum of 11.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11.5 MOC points of Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program.

**International CME**
International Physicians are formally eligible for AMA PRA Category 1 Credit™.

**Physician Assistants**
AAPA accepts Category 1 credit from AOACCME; prescribed credit from AAFP, and AMA PRA Category 1 Credit™ for the PRA from organizations accredited by ACCME.

**Nurses**
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education) for attendance at structured learning activities.

**CA Nurses**
Aspen CME Services is approved by the California Board of Registered Nursing. Provider number CEP14739. for 11.5 contact hours.

**Pharmacists**
For the purpose of recertification, the American Council of Pharmacy Education accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education) for attendance at structured learning activities.

**Criteria for Success**
Statements of credit will be awarded based on the participant’s attendance, participation in the pre/post-test and submission of the activity evaluation form. A statement of credit will be emailed upon completion of an evaluation/claimed credit form to be completed and turned in onsite.

You must participate in the entire activity to receive credit. If you have questions about this CME/CE activity, please contact PESI Inc. at renee@aspencmehelp.com.
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