

## FRIDAY, JULY 19, 2019

3:30–3:40 PM Welcoming Remarks

### SESSION 1: OPENING SESSION

**Moderators:** Amit Khera, MD, MSc, FASPC & Peter Toth, MD, PhD, FASPC

3:40–3:50 PM Audience Response Questions

3:50–4:30 PM **Keynote Lecture** – REDUCE-IT and Treating Beyond LDL-C Lowering

Deepak Bhatt, MD, MPH

4:30–5:10 PM **Leaders in Medicine Lecture** - Mechanisms of Cardiac Aging and the Promise of Pathways for Rejuvenation

Mark Sussman, PhD

5:10–5:40 PM **Nanette Wegner Lecture:** Women and Cardiovascular Disease: Is There Really a Sex Difference?

Martha Gulati, MD, MS, FASPC

5:40–6:00 PM Question and Answer Panel Discussion & Audience Response Questions

6:00–7:00 PM Opening Reception in Partner Showcase

## SATURDAY, JULY 20, 2019

### SESSION 2: DIABETES MELLITUS

**Moderator:** Nathan Wong, PhD, MPH, FASPC

7:00–8:00 AM Breakfast in Partner Showcase/ Poster Review

8:00–8:15 AM Welcome and Audience Response Questions

8:15–8:40 AM Comparing and Harmonizing AACE, ACE, ADA, ACC Guidance For The Use Of Diabetes Medications

Ralph DeFronzo, MD

8:40–9:05 AM Newer Insights Into Why the SGLT2s Reduce Heart Failure in Patients With Diabetes

Robert Chilton, DO

9:05–9:30 AM Hemoglobin A1c Redux: Yes, It Matters!

Yehuda Handelsman, MD, FASPC

9:30–9:55 AM Question and Answer Panel Discussion & Audience Response Questions

9:55–10:10 am Refreshment Break in Partner Showcase

### SESSION 3: LIPIDS

**Moderators:** Howard Weintraub, MD, FASPC & Sergio Fazio, MD, PhD, FASPC

10:10–10:20 AM Audience Response Questions

10:20–10:45 AM The 2018 AHA/ACC Blood Cholesterol Guidelines: What's New and Why?

Alison Bailey, MD

10:45–11:10 AM LDL-C lowering and the Brain: Differentiating Fact from Fiction

Peter Toth, MD, PhD, FASPC

11:10–11:20 AM Question and Answer Panel Discussion & Audience Response Questions

<b>SESSION 4: YOUNG INVESTIGATOR PRESENTATIONS</b>		<b>Moderators:</b> Peter Toth, MD, PhD, FASPC & Laurence Sperling, MD, FASPC
11:20 –11:35 AM	Young Investigator Presentation	
11:35–11:50 AM	Young Investigator Presentation	
11:50 AM–12:05 PM	Young Investigator Presentation	
12:05–1:00 PM	Lunch in Partner Showcase / Poster Review	
<b>SESSION 5: HONORARY FELLOWSHIP LECTURE</b>		<b>Moderators:</b> Seth Baum, MD, FASPC & Amit Khera, MD, MSc, FASPC
1:00-1:05 PM	Introduction & Audience Response Questions	
1:05–1:30 PM	<b>Honorary ASPC Fellowship Lecture:</b> The Evolving Science of Health: Imaging, Genetics, and Behavior	Valentin Fuster, MD, PhD, FASPC
1:30–1:40 PM	Question and Answer Session and Audience Response	
<b>SESSION 6: POTPOURRI I</b>		<b>Moderators:</b> Khurram Nasir, MD, MPH, FASPC & Pam Taub, MD
1:40–1:50 PM	Audience Response Questions	
1:50–2:15 PM	Cardio-Oncology – Evolving Opportunities for CVD Prevention	Ana Barac, MD, PhD
2:15-2:40 PM	SCCT Lecture- Expanded use of CAC testing in 2018 Cholesterol Guidelines- How to Apply?	Robert Chilton, MD
2:40–3:05 PM	How Does the Gut Microbiome Influence Atherosclerotic Disease?	WH Wilson Tang, MD
3:05–3:15 PM	Panel Discussion and Question Answer Session & Audience Response Questions	
3:15–3:30 PM	Refreshment Break	
<b>SESSION 7: PREVENTION GUIDELINES AND CASES</b>		<b>Moderators:</b> Amit Khera, MD, MSc, FASPC & Salim Virani, MD, PhD
3:30–3:40 PM	Audience Response Questions	
3:40–4:05 PM	The 2018 ACC/AHA Prevention Guidelines - Advancing a Comprehensive Approach to ASCVD Prevention	Roger Blumenthal, MD, FASPC
4:05–4:50 PM	Prevention Cases	<b>PANELISTS:</b> Roger Blumenthal, MD, FASPC Pamela Morris, MD, FASPC Laurence Sperling, MD, FASPC
4:50–5:15 PM	Panel Discussion and Question Answer Session & Audience Response Questions	
<b>SUNDAY, JULY 21, 2019</b>		
<b>SESSION 8: POTPOURRI II</b>		<b>Moderators:</b> Amit Khera, MD, MSc, FASPC & Michael Shapiro, DO, FASPC

7:00–8:00 AM	Breakfast	
8:00–8:05 AM	Welcome and Audience Response Questions	
8:10–8:20 AM	FASPC Recognition and Joseph Stokes III, MD Award	
8:10–8:40 AM	<b>Joseph Stokes III, MD Award Lecture</b>	
8:40–9:05 AM	Opportunities for Wearables in Preventive Cardiology	Kapil Parakh, MD, MPH, PhD
9:05–9:30 AM	Tobacco Cessation and Cardiovascular Hazards of Vaping	Pam Morris, MD, FASPC
9:30 – 9:55 AM	Question and Answer Panel Discussion & Audience Response Questions	
<b>SESSION 9: EXERCISE AND PREVENTIVE PRACTICE</b>		<b>Moderators:</b> Seth Baum, MD, FASPC & David Maron, MD
9:55–10:05 AM	Audience Response Questions	
10:05–10:30 AM	Rebranding and Rehabilitating Cardiac Rehabilitation in 2019	Pam R. Taub, MD
10:30–10:55 AM	Exercise and Cardiovascular Health: How Much and What Kind?	Barry Franklin, PhD
10:55–11:55 AM	Preventive Cardiology Practice: Making Prevention Pay - Case Examples and Discussion	Michael Shapiro, DO, FASPC Pam Taub, MD Howard Weintraub, MD, FASPC
11:45 AM–12:00 PM	Question and Answer Panel Discussion & Audience Response Questions	
12:00 PM	Closing Remarks & Adjournment	