Familial Hypercholesterolemia: Prevalence, Diagnosis and Management with Special Reference to Ethnic Populations in the USA

Sunday, November 13, 2011
6:30 – 10:00 p.m.
Orlando, Florida

Embassy Suites Orlando International Drive
8978 International Drive
Orlando, Florida

Regency Ballroom
(407) 352-1400

Program Director: Navin C. Nanda, MD, Distinguished Professor of Medicine and Cardiovascular Disease and Director, Heart Station/Echocardiography Laboratories, Senior Scientist, Minority Health and Research Center and UAB Center for Aging, University of Alabama at Birmingham, Birmingham, Alabama. Director, Echocardiography Laboratories, The Kirklin Clinic, University of Alabama Health Services Foundation, Birmingham, Alabama

Co-Director: Kul Aggarwal, MD, Professor of Clinical Medicine, University of Missouri and Chief, Cardiology Section, Harry S. Truman Veterans Hospital, Columbia, Missouri

Sponsored by: American Association of Cardiologists of Indian Origin (AACIO): President, Kul Aggarwal, M.D.

Supported by an educational grant from Genzyme Corporation

This event is not part of the official Scientific Sessions 2011 as planned by the AHA Committee on Scientific Sessions
**Purpose/Description:**
This symposium will focus on ethnic disparities in a relatively less known type of hyperlipidemia, the role of ApoB lipoprotein and LP(a) in familial hypercholesterolemia and current recommendations in the management.

**Educational Objectives:**
Attendees of this symposium are expected to:
- acquire and enhance their knowledge of prevalence and diagnosis of familial hypercholesterolemia with special reference to ethnic populations in the USA
- understand the role of ApoB lipoprotein and LP(a) in familial hypercholesterolemia and the current management and therapeutic options in familial hypercholesterolemia and other types of hyperlipidemia.

**Intended Audience**
The target audience for this activity includes physicians, especially cardiovascular specialists, internists, primary care physicians, family practice physicians, researchers, physician assistants, nurse practitioners, nurses and other health care professionals interested in the care of patients with or at risk for cardiovascular disease.

**Accreditation Statement**
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Association of Black Cardiologists (ABC) and the American Association of Cardiologists of Indian Origin (AACIO). The Association of Black Cardiologists is accredited by the ACCME to provide continuing medical education for physicians.

**Credit Designation**
The Association of Black Cardiologists designates this educational activity for a maximum of 1.5 hours AMA PRA Category 1 Credit(s)™. Physician should only claim credit commensurate with the extent of their participation in the activity.

**Disclosure**
The Association of Black Cardiologists (ABC) requires faculty, planners, managers, staff and other individuals who are in a position to control the content of CME activities to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by ABC for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content and appropriateness of patient care recommendations. Faculty disclosures will be provided in activity materials.

**ADA Statement**
Special Needs: In accordance with the Americans with Disabilities Act, we seek to make this conference accessible to all. If you have a disability which might require special accommodations, please email Lindy Chapman at lindyc@uab.edu or call 205-934-8256.

**Acknowledgment**
We acknowledge grant support from Genzyme Corporation.

**NEEDS ASSESSMENT:**
1. Gaps exist in participants’ knowledge of prevalence and diagnosis of familial hypercholesterolemia with special reference to ethnic populations in the USA.
2. Gaps exist in the role of ApoB lipoprotein and LP(a) in familial hypercholesterolemia.
3. Gaps exist in the current management and therapeutic options in familial hypercholesterolemia and other types of hyperlipidemia.
**FACULTY**

**Kul Aggarwal, MD**, Professor of Clinical Medicine, University of Missouri and Chief, Cardiology Section, Harry S. Truman Veterans Hospital, Columbia, Missouri

**Aryan Aiyer, MD**, Assistant Professor of Medicine, Heart and Vascular Institute, University of Pittsburgh of Medical Center, Pittsburgh, Pennsylvania

**W. Virgil Brown, MD**, Charles Howard Candler Professor Emeritus, Emory University School of Medicine, Atlanta, Georgia

**Keith Ferdinand, MD**, Science Officer, Association of Black Cardiologists and Director of Clinical Research, Atlanta, Georgia; Atlanta Vascular Research Foundation/Atlanta Clinical Research Center, Tucker, Georgia

**Amit Khera, MD**, Assistant Professor, Director, Preventive Cardiology Program and Program Director, Cardiology Fellowship, UT Southwestern Medical Center, Dallas, Texas

**Navin C. Nanda, MD**, Distinguished Professor of Medicine and Cardiovascular Disease and Director, Heart Station/Echo cardiography Laboratories, Senior Scientist, Minority Health and Research Center and UAB Center for Aging, University of Alabama at Birmingham, Birmingham, Alabama. Director, Echocardiography Laboratories, The Kirklin Clinic, University of Alabama Health Services Foundation, Birmingham, Alabama

**Carl E. Orringer, MD**, Harrington McLaughlin Chair in Preventive Cardiovascular Medicine and Associate Professor of Medicine, Case Western Reserve University School of Medicine, Cleveland, Ohio

**Debasish Roychoudhury, MD**, Clinical Assistant Professor of Medicine, Weill Medical College of Cornell University, New York, New York

**Vibhuti Singh, MD**, Assistant Professor of Medicine, University of South Florida College of Medicine, Tampa, Florida

**Krishnaswami Vijayaraghavan, MD**, Medical Director, CV Research, Scottsdale Healthcare, Scottsdale, Arizona; Professor of Medicine, Midwestern University, Glendale, Arizona; Director, Heart Failure, Scottsdale Cardiovascular Center, Scottsdale, Arizona and Governor, ACC Arizona.

**Salim Yusuf, MD, DPhil**, Professor of Medicine and Executive Director, Population Health Research Institute, McMaster University, Hamilton Health Sciences; Vice President Research Hamilton Health Sciences and Heart and Stroke Foundation of Ontario/Marion W. Burke Chair in Cardiovascular Disease

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**PROGRAM AGENDA**

**Sunday, November 13, 2011**

6:30 – 7:00 p.m. Registration

7:00 – 8:30 p.m. CME Program. Chairpersons: **Drs. Navin C. Nanda, Kul Aggarwal and Debasish Roychoudhury** and **Vibhuti Singh**

7:00 – 7:10 p.m. What Do We Know About Familial Hypercholesterolemia – **Amit Khera, M.D.**

7:10 – 8:15 p.m. Case Studies: **Drs. Aryan Aiyer, Carl E. Orringer, Keith Ferdinand, W. Virgil Brown, Krishnaswami Vijayaraghavan**. Each panelist will present and discuss one pertinent case with special reference to ethnic population.

8:15 – 8:30 p.m. Discussion and Questions from the Audience

8:30 – 8:40 p.m. AACIO Honorees and Young Investigator Awards Posters of the Young Investigator Awardees will be available for viewing prior to the beginning of the CME Program

8:45 – 10:00 p.m. Dinner (Indian Cuisine)

8:45 – 9:05 p.m. Dinner Speaker – Dyslipidemia in Asian Indians – **Dr. Salim Yusuf**

10:00 p.m. Adjournment
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REGISTRATION FORM (please print)

Name___________________________________________________________________ Degree (MD etc.) ________________________________

Group Practice/Institution/Company Name:____________________________________________________________________________________

Address____________________________________________  City____________________________  State_________  Zip Code_____________

Daytime Phone______________________ Fax___________________________ E-mail required:  _______________________________________

□ Physician/Scientist        □ Fellow/Resident        □ Non-Physician Administrator        □ Technologist

□ Other: Nurse, Physician Assistant, Industry Representative ___________________________________________________________________

For additional information contact: Email Lindy Chapman at lindyc@uab.edu or call 205-934-8256.

Registration form should be sent to Lindy Chapman as follows: Fax without a cover sheet, 205-934-6747 or email, lindyc@uab.edu. For additional information or a mailing address, contact Lindy Chapman at 205-934-8256. Deadline for registration is November 8, 2011.